CHILDREN'S CLASS TIMETABLE - FROM SEPTEMBER 2025

	MONDAY		TUESDAY	WEDNESDAY			THURSDAY			FRIDAY			WEEKENDS			
TIME	CLASS	INSTRUCTOR	TIME CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR
	CRÈCHE		CRÈCHE			CRÈCHE			CRÈCHE			CRÈCHE				
10:00-12:00	Crèche* PB	Amanda	10:00-12:00 Crèche* PB	Amanda	10:00-12:00	Crèche* PB	Amanda	10:00-12:00	Crèche* PB	Amanda	10:00-12:00	Crèche* PB	Amanda			
	DANCE STUDIO		DANCE STUDIO			DANCE STUDIO			DANCE STUDIO			DANCE STUDIO			DANCE STUDIO - SUN	IDAY
														12:30-13:30	Dance Class	Bethany
	BADMINTON HALL		BADMINTON HALL		BADMINTON HALL			BADMINTON HALL			BADMINTON HALL					1
					17:00-18:00	Arts & Crafts	Kids Team	17:00-18:00	Fitkids	Kids Team	17:00-18:00	Fitkids	Kids Team			
	SWIMMING POOL		SWIMMING POO	SWIMMING POOL			SWIMMING POOL			SWIMMING POOL			SWIMMING POOL - SATURDAY			
10:00-12:00	Tiny Swimming *	Tiny Swimming	9:30-10:00 Pre-School Swim 3 mths-5 yrs** Lets Swim		10:00-10:30 Pre-School Swim 3 mths-5 yrs**		Lets Swim	09:30-10:00 Pre-School Swim 3 mths-5 yrs**		Lets Swim	10:00-12:00 Tiny Swimming *		Tiny Swimming 0	09:00-09:30	9:00-09:30 Pre-School Swim 3 mths-5 yrs** Le	
			16:00-18:30 Swimming Lessons * ** PB	Shrewsbury	16:00-18:30	Swimming Lessons * ** PB	Shrewsbury	16:00-18:30	Swimming Lessons * ** PB	Shrewsbury				09:30-12:00	Swimming Lessons * ** PB	Shrewsbury
	SMALL GYM		SMALL GYM			SMALL GYM			SMALL GYM			SMALL GYM				_
17:00-18:00	Fitzone 10-15 yrs PB	Gym Team	17:00-18:00 Fitzone 10-15 yrs PB	Gym Team				17:00-18:00	Fitzone 10-15 yrs PB	Gym Team				S	WIMMING POOL - SU	NDAY
	SQUASH COURTS		SQUASH COURTS		SQUASH COURTS		SQUASH COURTS			SQUASH COURTS			11:00-12:00	AguaFun	Kids Team	
18:00-19:00	Junior Squash Coaching PB		17:00-18:00 Fitkids	Kids Team											2.5.2	
	FIELD		FIELD		FIELD										10	
16:00-17:00	Football 5-9 yrs PB	Kids Team						HEALTH & FITNESS FOR EVERYONE								
17:00-18:00	Football 10-15 yrs PB	Kids Team							Please ensure your child has had an induction in the Small Gym.						رواف	
TENNIS COURTS			TENNIS COURTS		TENNIS COURTS			Supervised gym session for 10-15 yrs.					Castlein			

Dylan

Dylan

Dylan

16:00-17:00 Tennis 5-7 yrs ** PB

17:00-18:00 Tennis 8-11 yrs ** PB

18:00-19:00 Tennis 12-17 yrs ** PB

16:00-17:00 Tennis 5-7 yrs ** PB

17:00-18:00 Tennis 8-11 yrs ** PB

18:00-19:00 Tennis 12-17 yrs ** PB

Dylan

Please note some swimming lessons carry an additional cost, these are marked with *.

* Additional Cost *** Term Time Only

† Off-Premises

PB Pre-bookable

Seasonal please ask at desk

