

# CHILDREN'S CLASS TIMETABLE - FROM MARCH 2026

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			WEEKENDS		
TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR	TIME	CLASS	INSTRUCTOR
<b>CRÈCHE</b>			<b>CRÈCHE</b>			<b>CRÈCHE</b>			<b>CRÈCHE</b>			<b>CRÈCHE</b>					
10:00-12:00	Crèche* PB	Amanda	10:00-12:00	Crèche* PB	Amanda	10:00-12:00	Crèche* PB	Amanda	10:00-12:00	Crèche* PB	Amanda	10:00-12:00	Crèche* PB	Amanda			
<b>DANCE STUDIO</b>			<b>DANCE STUDIO</b>			<b>DANCE STUDIO</b>			<b>DANCE STUDIO</b>			<b>DANCE STUDIO</b>			<b>DANCE STUDIO - SUNDAY</b>		
															12:30-13:30	Dance Class	Bethany
<b>BADMINTON HALL</b>			<b>BADMINTON HALL</b>			<b>BADMINTON HALL</b>			<b>BADMINTON HALL</b>			<b>BADMINTON HALL</b>					
<b>SWIMMING POOL</b>			<b>SWIMMING POOL</b>			<b>SWIMMING POOL</b>			<b>SWIMMING POOL</b>			<b>SWIMMING POOL</b>			<b>SWIMMING POOL - SATURDAY</b>		
10:00-12:00	Tiny Swimming *	Tiny Swimming	09:30-10:00	Pre-School Swim 3 mths-5 yrs**	Lets Swim Shrewsbury	10:00-10:30	Pre-School Swim 3 mths-5 yrs**	Lets Swim Shrewsbury	09:30-10:00	Pre-School Swim 3 mths-5 yrs**	Lets Swim Shrewsbury	10:00-12:00	Tiny Swimming *	Tiny Swimming	09:00-09:30	Pre-School Swim 3 mths-5 yrs**	Lets Swim Shrewsbury
			16:00-18:30	Swimming Lessons * ** PB		16:00-18:30	Swimming Lessons * ** PB		16:00-18:30	Swimming Lessons * ** PB					09:30-12:00	Swimming Lessons * ** PB	
<b>SMALL GYM</b>			<b>SMALL GYM</b>			<b>SMALL GYM</b>			<b>SMALL GYM</b>			<b>SMALL GYM</b>			<b>SMALL GYM</b>		
17:00-18:00	Fitzone 10-15 yrs PB	Gym Team	17:00-18:00	Fitzone 10-15 yrs PB	Gym Team				17:00-18:00	Fitzone 10-15 yrs PB	Gym Team				<b>SWIMMING POOL - SUNDAY</b>		
<b>SQUASH COURTS</b>			<b>SQUASH COURTS</b>			<b>SQUASH COURTS</b>			<b>SQUASH COURTS</b>			<b>SQUASH COURTS</b>			<b>SQUASH COURTS</b>		
									16:30-17:30	Junior Coaching each week	Dan A				11:00-12:00	AquaFun	Kids Team
<b>FIELD</b>			<b>FIELD</b>			<b>FIELD</b>			<b>FIELD</b>			<b>FIELD</b>					
<b>TENNIS COURTS</b>			<b>TENNIS COURTS</b>			<b>TENNIS COURTS</b>			<b>TENNIS COURTS</b>			<b>TENNIS COURTS</b>			<b>TENNIS COURTS</b>		
16:00-17:00	Football 5-9 yrs PB	Kids Team	16:00-17:00	Tennis 5-7 yrs ** PB	Dylan	16:00-17:00	Tennis 5-7 yrs ** PB	Dylan									
17:00-18:00	Football 10-15 yrs PB	Kids Team	17:00-18:00	Tennis 8-11 yrs ** PB	Dylan	17:00-18:00	Tennis 8-11 yrs ** PB	Dylan									
			18:00-19:00	Tennis 12-17 yrs ** PB	Dylan	18:00-19:00	Tennis 12-17 yrs ** PB	Dylan									

## HEALTH & FITNESS FOR EVERYONE

Please ensure your child has had an induction in the Small Gym.  
Supervised gym session for 10-15 yrs.

Please note some swimming lessons carry an additional cost, these are marked with \*.

\* Additional Cost \*\* Term Time Only ‡ Off-Premises PB Pre-bookable ∞ Seasonal please ask at desk

